

## Research in Institute of Medicine

**P. Vaidya**

Department of Surgery, Tribhuvan University Teaching Hospital

**Correspondence to:** Dr. Pradeep Vaidya, Associate Professor, Department of Surgery, Tribhuvan University Teaching Hospital

e-mail: praidy@yahoo.com

Institute of Medicine, Tribhuvan University stands on three pillars, academia, service and research. It has already proved itself as a premier academic institute by producing various levels of human resources in health. Recently, for the first time it has also started MCh. in surgical fields. Its community based integrated MBBS is already a well known course in Asia and the world.

The present 440 bedded multi-specialty hospital is a referral centre for many of the diseases. The long operating list and the long lines in the OPD every day is proof that it is still one of the premier hospitals in Kathmandu.

Not to rest in the past laurels, one has to strive hard to keep up with the recent advances in academia and thus translate in service. Unfortunately, one tends to forget that the most important pillar of the three is research. A health personnel is recognised anywhere by the number of publication in his Curriculum Vitae. Constant clinical and basic researches are very important if one is to provide the state of art, most modern and the latest health services. Of course, it requires careful researches along with knowledge to choose the appropriate results from other countries most suitable to teach new health personnel the latest and modern medicine. This will ultimately translate into the best service. This in turn gives a opportunity to do good researches. Thus, the three pillars can be said to be the three arms of a triangle.

Recognising the fact that our service and academia is leaps and bounds ahead of our interest in research and also that without research, the institute will not be able to retain the title of premiership. The Dean of Institute of Medicine has for the first time constituted a Research Department with the sole purpose to develop research in the institute. This will not only improve the image of the institute but also improve the quality of its journal, its academic activities and its service. Finally, the institute can rest in the laurel of being the best by following the evidence based management after an appropriate research. Thus, while it is hot in ones mind, start a research and if any help is required in conducting it, feel free to ask for help from the Research Department of the Institute of Medicine.

